



Training Seminars

Scaffolding the Brain: A Neurobiological Approach to Assessment and Intervention

Ruth P. Newton, Ph.D.

Based upon an integration of attachment, affect regulation, and developmental theories, **Integrative Regulation Therapy (iRT)** is a neurobiological evidence informed brain-based scaffolding developed by Dr. Newton for clinical assessment and intervention. It is designed to focus on emotional security in children, adults, couples, and families of all ages. Training includes learning how to recognize and work with 1) unhealthy entrainment patterns, 2) the unique languages of the cerebral hemispheres, 3) autonomic nervous system arousal ranges, and 4) clinical instinct, voice prosody, affect, and gesture for a whole-body/mind clinical change.

All training includes interactive teaching, video review, experiential practice, role plays, case presentations, reflective practice, and group discussion.

Eligibility: Licensed or supervised for licensing mental health clinicians (MFT, LPCC, LCSW, Ph.D., Psy.D., M.D. psychiatry).

Part A: Knowledge Base/The Implicit World

- Our biological base: attachment in children and adults
- The "experience dependent" nature of brain development
- Complex Trauma: it's impact on Life

Part B: Applied Interventions

- The instinctual guidance system: finding the true Self
- Young adult to older adult therapies
- Dyadic and Play therapies
- Latency and teen therapies
- Groups, couples, & families

All training is from 8:30 to 3:30. Lunch on your own.

Trainings are limited to 8 participants and are scheduled when requested.

Interested participants, please fill out the online application and forward your resume to Dr. Newton at ruthnewton@newton-center.com

Except for a non-refundable \$250 application processing fee, a full refund will be given if the cancellation occurs 30 days prior to the first day of training.

Fee: \$3,600

Continuing Education - 96 CE credits

Applicants please apply online at www.newton-center.com/training/

The Newton Center for Affect Regulation is approved by the **American Psychological Association** to sponsor continuing education for **Psychologists**. The Newton Center for Affect Regulation maintains responsibility for this program and its content.

Unless otherwise notified, trainings are generally held at the

**Marina Village Conference Center
1936 Quivira Way
San Diego, CA 92109**

Newton Center for Affect Regulation
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Dr. Newton is a licensed clinical psychologist specialized in the use of attachment and affect regulation theories in interventions from birth through adulthood. She was a post-doctoral fellow in the Department of Psychiatry at UCSD. Dr. Newton has trained and supervised masters and doctoral level interns in attachment and affect regulation theories since 2002 and has been a member of the Allan Schore Los Angeles Study Group for Affective Neurobiology since 2004. She is the author of *The Attachment Connection* designed to help parents raise secure, emotionally regulated children and the developer of *Integrative Regulation Therapy*, a brain-based focus on early childhood biological entrainment. Dr. Newton is the founder and director of the Newton Center for Affect Regulation (NCAR) and the author of Notes from NCAR. She has been endorsed by the California Center for Infant-Family and Early Childhood Mental Health as an Infant-Family and Early Childhood Mental Health Specialist and Reflective Practice Facilitator III/Mentor.