



Training Seminars  
presents

***Scaffolding the Brain: A  
Neurobiological Approach to  
Assessment and Intervention***

Ruth P. Newton, Ph.D.

Based upon an integration of attachment, affect regulation, and developmental theories, **Integrative Regulation Therapy (iRT: 2009, 2013, 2017)** is a neurobiological evidence informed brain-based scaffolding developed by Dr. Newton for clinical assessment and intervention. It is designed to focus on emotional security in children, adults, couples, and families of all ages. Training includes learning how to recognize and work with 1) unhealthy entrainment patterns, 2) the unique languages of the cerebral hemispheres, 3) autonomic nervous system arousal ranges, and 4) clinical instinct, voice prosody, affect, and gesture for a whole-body/mind clinical change.

All training includes interactive teaching using didactic, video review, experiential practice, role plays, case presentations, reflective practice, and group discussion.

**Eligibility:** Licensed or supervised for licensing mental health clinicians (LPCC, LMFT, LCSW, Ph.D., Psy.D.).

## Part A: Knowledge Base/The Implicit World

September 18<sup>th</sup> & 19<sup>th</sup>, 2021

- Our biological base: attachment in children and adults

October 23<sup>rd</sup> & 24<sup>th</sup>, 2021

- The "experience dependent" nature of brain development

November 20<sup>th</sup> & 21<sup>st</sup>, 2021

- Complex Trauma: it's impact on Life

## Part B: Applied Interventions

December 18<sup>th</sup> & 19<sup>th</sup>, 2021

- The instinctual guidance system: finding the true Self

January 22<sup>nd</sup>, & 23<sup>rd</sup>, 2022

- Young adult to older adult therapies

February 19<sup>th</sup> & 20<sup>th</sup>, 2022

- Dyadic and Play therapies

March 19<sup>th</sup> & 20<sup>th</sup>, 2022

- Latency and teen therapies

April 23<sup>rd</sup> & 24<sup>th</sup>, 2022

- Groups, couples, & families

All training is from 8:30 to 3:30. Lunch is not provided.

**Training is limited to 8**

**Online application process begins July 1, 2021 and ends August 31, 2021. Learning Objectives are available upon request.**

**Enrollment is dependent upon receiving a NCAR acceptance letter and payment of fee.**

**Except for a non-refundable \$150 application processing fee, a full refund will be given if the cancellation occurs 30 days prior to the first day of training.**

**Fee: \$3,000**

**A Certificate of Completion displaying California Endorsement units is given on the last day of training. There are no Continuing Education units provided for this training.**

**Applicants please apply online at [www.newton-center.com/training/](http://www.newton-center.com/training/)**

**All trainings held at**

**Marina Village Conference Center  
1936 Quivira Way, D6  
San Diego, CA 92109**



Dr. Newton is a licensed clinical psychologist specialized in the use of attachment and affect regulation theories in interventions from birth through adulthood. She was a post-doctoral fellow in the Department of Psychiatry at UCSD. Dr. Newton trains and supervises master's and doctoral level interns in attachment and affect regulation theories and interventions and has been a member of the Allan Schore Los Angeles Study Group for Affective Neurobiology since 2004. She is the author of *The Attachment Connection* designed to help parents raise secure, emotionally regulated children and the developer of *Integrative Regulation Therapy*, a brain-based focus on biological entrainment. Dr. Newton is the founder and director of the Newton Center for Affect Regulation (NCAR), and she is endorsed by the California Center for Infant-Family and Early Childhood Mental Health as an Infant-Family and Early Childhood Mental Health Specialist and Reflective Practice Facilitator III/Mentor.

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